

History, Philosophy and Medicine

Julian Barker

£12, 176 pages, 215x135mm
ISBN 9781 874581 649

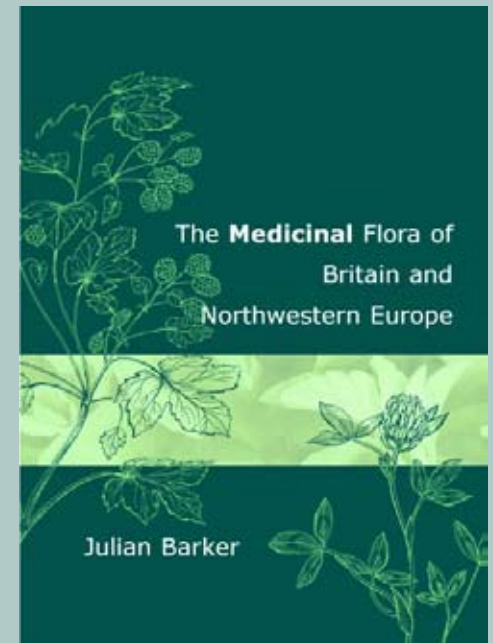
Written by a herbalist who combines long experience of life in the clinic with a temperament that is both historical and philosophical.



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"We have been waiting for an effective up-to-date field guide that focuses on medicinal plants. At last the book that herbalists should have with them on their travels: do not leave home without it!"

Simon Mills
Chairman, British Herbal
Medicine Association



The Medicinal Flora of Britain and Northwestern Europe

Julian Barker

£28, 624 pages, 240x175mm
ISBN 9781 874581 635

This was written specifically for students and should prove a useful tool in advancing the skills of herbal practitioners.

**GOOD BOOKS
GREAT VALUE**

The definitive guide to the medicinal plants of Northwestern Europe. It is an entirely new identification guide that is both user friendly and scientifically rigorous.

Subtitled 'Phytotherapy in Context' this book explores many issues of central importance to all branches of medicine – but focusses on the herbal tradition and history.

This book places herbal medicine where it rightfully belongs, not in a side-show but at the heart of the history of thought... about humankind, healing and our place in the universe.

This is a unique book in combining accurate and precise botany with the depth of knowledge of a renowned practitioner. There are 130 botanical illustrations, including many originals, to aid with identification.

The therapeutic information is based on more than 20 years of clinical experience and provides a wealth of information on the medicinal use of herbs both internally and externally. Precise information on dosage and preparation is given.

The Medicinal Flora is an ideal practical reference book for herbalists, students, conservationists, teachers and ecologists as well as amateur botanists and anyone with a passion for plants.